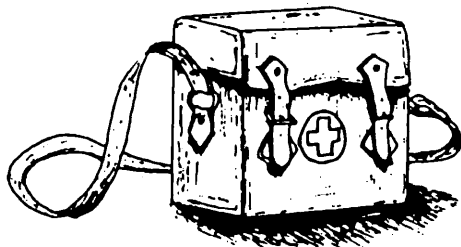


---

# Furaminen

---



Walasa ka bana cunnenw furake, denbaya ni sigida kelen kelen bee ka kan ka furaminen do bila u bolokoro.

- Furakeli kunfola fura jenenmaw ka kan ka soro du bee koro (aw ye gafe ne 500 laje), bana misenniw furakeli kama ani bana minnu ka ca an senkoro.
- Furaminen dafalen ka kan soro sigida bee la (aw ye gafe ne 502 laje) ka fara furaw kan minnu be ke ka bana gelenw furake sani ka se dogotorsolataa ma. Mogo do ka kan ka suganti ka bila furaminen in kolosili la: misali la keneyabaarakela do walima karamogo do. Dugumogow ka kan ka u seko bee ke walasa furaminen kana lankolonya fura la. U bee ka kan ka a faamu ko fura ninnu nafa be dugumogo bee de kan.

Gafe ne nataw la aw bena hakilinaw soro furaminen koro fura marataw kan. Aw be se ka fura kofolen ninnu falen fura werew la, minnu se be aw ye ani minnu be aw ka sigida banaw furake. Hali ni furaminen in fura fanba bee ye tubabufuraw ye, farafinfura juman lakodonnenw dow fana be se ka fara u kan.

## Fura kelen kelen bee hake jumen ka kan ka ke aw bolokoro?

Fura hake min lapininen don furaminen kama, o ka kan ka ke aw bolokorofura lafitini ye. A dow la, o fura be ben furakeli kun fola doron de ma, sani aw ka taa fura do were jini walima aw ka dogotoro do hakilina jini.

Fura hake marata be bo mogo hake la, minnu mako be ne a la ani aw be taa fura ta yoro min, ni do banna walasa ka o nonabila. A be bo fura songo fana na ani mogow ka soro. Aw ka furaminen korofura dow da be se ka geleya, nka a ka fisa fura nafama caman ka soro aw bolokoro walasa ka bana cunnenw kunben.

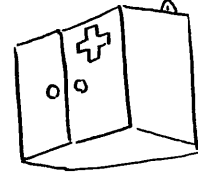
**Aw ye aw hakili to nin na:** jiginni furaminen koro furaw, keneyabaarakelaw minnu be jiginni ke, olu ni musokomaw mako be minen minnu na jiginni kama, o bee sebennen don gafe ne 393 na ani a ne 394 la.

## Furaminen maracogo

1. **Aw be fura bee mara yɔɔ la, denmisenniw te u lasɔɔyɔɔ min,** ka da a kan, u be se ka fura dɔ ta ka min be se ka u bana.
2. Aw be furaw tacogo seben fura forokow bee kan ka je.
3. **Aw be furaminen bila yɔɔ la, yɔɔ min sumanen don ni a jiginnen te ani ni a jelen don;** a man kan ka bila yɔɔ la jɛberew ni jinew be a la sɔɔyɔɔ min na. Aw be minemisenniw ni bandi, kɔrimugu mara manaforgo datugulen kɔɔ.
4. **Furaminen falen ka kan ka to fura la tuma bee;** aw mana fura o fura ta, aw be aw teliya ka o nonabila.
5. **Aw be aw hakili to furaw la, u kana kɔɔ u marayɔɔ la.** Ni min kɔɔla walima ni a tawaati temena, aw be o fili, ka sɔɔ ka a nonabila jini min dilannen kura don.

**Aw ye aw hakili to nin na:** fura dɔw be yen, i n'a fɔ tetarasikilini (*tetracyclines*), ni olu tawaati temena, o farati ka bon kosebe. Ka a sɔɔ penisilini (*pénicillines*) furakiselama walima a mugulama min be laben ka ke siroji ni pikiriji ye, o be se ka ke ka mako je san kelen a tawaati temenen kɔ, ni o ye a sɔɔ a maralen tun don yɔɔ sumanen jelen na. Nka penisilini mana kɔɔ, a fanga be dɔɔya, o la ni aw be furakeli ke ni a ye, aw be dɔ fara a tata hake kan.

**Aw ye aw hakili to nin na:** penisilini be ta nin tacogo la basi te o la, nka a farati ka bon tuma dɔw la ka dɔ fara fura tɔw tata kofɔlen hake kan.



**Aw ye furaw mara yɔɔ la, denmisenniw te u lasɔɔyɔɔ min na.**

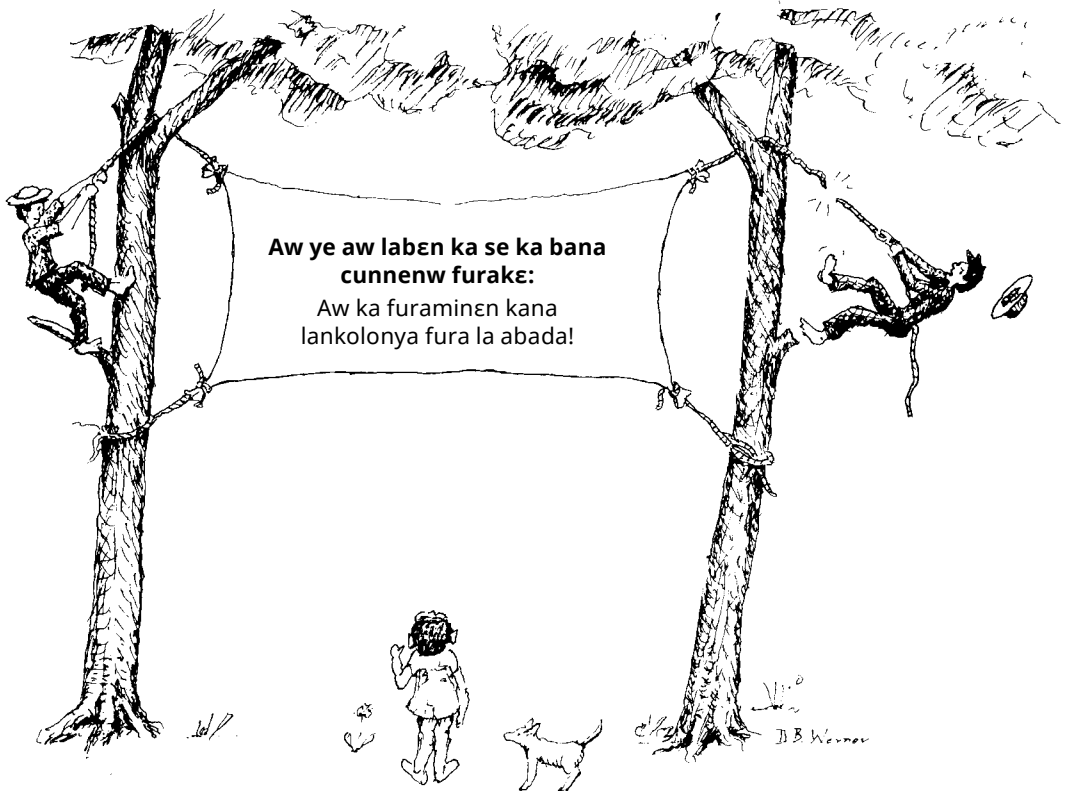
## Furaw sancogo

A kecogo puman ye, ka dugu caman dalaje ani ka yamaruya sɔɔ ka sannu ke jamana farimasiba dɔ la, ni aw ma o sɔɔ, aw be taa kenyerereye farimasi wa farimasi dɔ la, a caman santa be yɔɔ min.

O fura kelenw be se ka feere tɔɔ werew la, foroko werew kɔɔ ani fana sɔɔɔ werew la. Aw be jatemine ke fura fila ninnu ni jɔɔɔ ce fɔɔ sani aw ka taa sannu ke.

Aw be jatemine ke fana ni fura tawaati ma teme. A ka fisa aw ka furaw san minnu be men ka a sɔɔ u tawaati ma teme.

Aw be furaw sɔɔɔ da jɔɔɔ kɔɔɔ. Fura dɔw da ka gelen ni dɔw ye k'a sababu ke u tɔɔ ye, ka sɔɔ fura suguya kelen don. A ka c'a fura dagelenbaw man fisa ni tɔw ye. N'aw be se, aw ye fura dɔnnenw san ka fura tɔɔɔɔɔɔɔɔɔ to yen, sabula, fura dɔnnenw da ka di tuma caman ka teme fura tɔɔɔɔɔɔɔɔɔ kan. Ani fana, a nafa b'aw kan ka caman san. Misali la, penisilini anpulu den 600.000 ni penisilini den 300.000 sɔɔɔ man jan jɔɔɔ na – ola aw be wari dɔ mara n'aw ye anpulu den caman sani aw be dɔ in fila jɔɔɔ sɔɔɔ.



# Fura minnu maralen ka kan ka sɔɔ denbaya ka furaminen kɔɔ

Nin minen ninnu ka kan ka sɔɔ denbaya bæ kelen kelen ka furaminen kɔɔ. Ni o kera, an be se ka kenya geleya misenni caman kele an ka sigidaw la.

## Minenw

	Sɔɔɔ (aw bɛ o sɛbɛn)	Tata hake (kofɔlen)	Walasa ka a tacogo dɔn, aw ye gafe jɛ lajɛ
<b>Joliw ni wololabanaw furakeminenw</b>			
Gan manama, jolikɔlini walima mana	_____	Pake fitini 1	130
Bandi sanuman, a mɔɔɔ kelen ta	_____	20	163, 345,
Bandi kuru min janya bæ damine santimetiri 5 la ka se santimetiri 10 ma	_____	3	138
Kɔrimugu pake	_____	1	123, 149, 377
Jolisaniyalan	_____	20	139
Safine min bæ banakise faga	_____	1	551
Alikɔli 70%	_____	Militiri 100	123, 326, 337, 377
Jisanuman, buteli jɔgɔjima kɔɔ	_____	Foroko 1	297, 339
Jolitulu (Wazelini, <i>Vaseline</i> )	_____	1	150, 230, 324
Winɛgiri jɛman	_____	Litiri 0.5	325, 377, 441
Kiribi	_____	Garamu 100	331, 332, 337
Sizo, bugun ni zon tɛ min na	_____	1	139, 377,
Pensi min bæ kɛ ka wolo ta ka bɔ joli la	_____	1	138, 284
<b>Walasa ka farikolo funteni hake jateminɛ</b>			
Farikolo funteni hake jateminenan Min bæ don da kɔɔ Min bæ don banakɔtaayɔɔ la	_____ _____	Ka kelen kelen bila minenw na	74, 88
<b>Walasa baarakeminenw saniyalen ka to</b>			
Bɔɔɔ manama	_____	A caman	319, 498

## Furaw

Fura minnu lakodɔnnenw don bɛɛ fɛ	A dɔnnen don ni tɔɔɔ min ye sigida la (aw bɛ o sɛbɛn)	Sɔɔɔ (aw bɛ o sɛbɛn)	A tata hake kofɔlen	Sɛbɛn jɛ
<b>Bana minnu sababu ye banakise ye</b>				
1. Penisilini ( <i>pénicilline</i> ) furakisew minnu ye miligaramu 250 ye			40	522
2. Kotirimɔkizazɔli ( <i>cotrimoxazole</i> ): silifametokisazɔli, <i>sulfaméthoxazole</i> , miligaramu 400, ka fara tirimetopirimu, <i>trimethoprim</i> , miligaramu 80 kan)			100	531
3. Anpisilini ( <i>ampicilline</i> ) furakise min ye miligaramu 250 ye.			24	527
<b>Tumu</b>				
4. Mebendazɔli ( <i>mé bendazole</i> ) furakise miligaramu 100			40	557
<b>Farigan ni dimiw</b>				
5. Asipirini ( <i>aspirine</i> ) furakise miligaramu 300			50	564
6. Asetaminofeni ( <i>acétaminophène</i> ) walima paracetamɔli ( <i>paracétamol</i> ) furakise miligaramu 500			50	565
<b>Jolidɛɛ</b>				
7. Joliseginfura ( <i>sulfate ferreux</i> ), min ye miligaramu 200 ye			100	591
<b>Kaba ni jimi</b>				
8. Perimetirini ( <i>perméthrine</i> )			Kunkolokosafine 1 Tulubara 1	555
<b>Jɛɛɛ ni fɔɔɔ</b>				
9. Porometazini ( <i>prométhazine</i> ) furakise miligaramu 25			12	579

Fura minnu lakodɔnnenw don bɛɛ fɛ	A dɔnnen don ni tɔgɔ min ye sigida la (aw bɛ o sɛɛn)	Sɔngɔ (aw bɛ o sɛɛn)	A tata hake kofɔlen	Sɛɛn jɛ
-----------------------------------	--	----------------------	---------------------	---------

**Wololabanamisɛnniw**

10. Fura bilenni ( <i>violet de gentiane</i> ), walima			Buteli fitini 1	552
11. Banakisɛfagatulu ( <i>pommade antibiotique</i> )			Bara 1	552

**Jɛdimi:**

12. Banakisɛfagalan tululama walima a jilama ( <i>pommade ou gouttes antibiotiques</i> )			Buwati kelen	564
--	--	--	--------------	-----

## Sigida faramasi

Aw makɔɔfura ni minenw ka kan ka sɔɔɔ fura kɛsu kɔɔɔ, ka fara furaw kan minnu kofɔlen don ni yɔɔɔ duguma, u dabɔlen don banajugu dɔw keɔɔli kama. **A ka fisa dugu bɛɛ ka furakesu falen ka to waati bɛɛ.**

Sika tɛ nin misali in na, nka a ka kan ka dafa ni fura suguya werɛw ni u sɔngɔ ye. Sigida ka furaminen kɔɔɔfuraw suguya bɛ sɔɔɔ banaw fɛ, bana minnu bɛ yen mɔgɔw mine ka caya. Fura cayali fana bɛ bɔ aw bolo wari hake la ani mɔgɔ hake minnu bɛ aw ka furaminen kɔɔɔfuraw ta.

## Minen werɛw

Furakɛliminɛnw	Sɔngɔ	A hake	Aw ye sɛɛn lajɛ
<b>Pikiriw</b>			
Pikiribarani min ye mililitiri 5 ye		2	115
Pikiribiɛ no 22, min janya ye santimetiri 3 ye no 25, min janya ye santimetiri 1.5 ye		3 ka taa 6 la 2 ka taa 4 la	
<b>Jɛgɛnɛkɛ gɛɛyɔw</b>			
Sugunɛ juru (manaman)		2	376
<b>Mugu ni jolisirafunu</b>			
Bandi minnu bonya ye santimetiri 5 ani santimetiri 10 ye		3 ka taa 6 la	161, 283, 339
<b>Tulo sɛgɛsɛgɛli, o n'a jɔgɔnnaw</b>			
Tulolajɛtɔɔsini		1	80, 393

## Fura wɛrɛw

Fura	A tɔɔ sigida la	Sɔngɔ	Hakɛ	Sɛbɛn jɛ
<b>Banajuguw:</b>				
1. Penisilini, pikirima; ni kelen dɔɔɔn don, porokayini penisilini mililitiri o mililitiri unite 600,000			20 ka taa 40 na	522
2. Anpasilini, a pikirilama ( <i>ampicilline, injectable</i> ) ani/walima siteropitomisini garamu 1 ka o ni penisilini jagam, <i>stréptomycine avec pénicilline</i> (ni anpasilini da ka gɛlɛn)			20 ka taa 40 na	526
			20 ka taa 40 na	539
3. Tetasikilini, <i>tétracycline</i> forogolamani walima a furakisilamaw miligaramu 250			40 ka taa 80 na	528
<b>Ni bana sababu ye tɔɔɔɔ ni tumuw ye:</b>				
4. Metoronidazɔli, <i>métronidazole</i> forogolamani miligaramu 250			40 ka taa 80 na	548
<b>Kirinni na:</b>				
5. Fenobaribitali, <i>phénobarbital</i> furakise miligaramu 15			40 ka taa 80 na	586
<b>Faritɛnbana ni sisan jugumanba:</b>				
6. Epinefirini ( <i>épinéphrine</i> ), izinitigiw ka tɔɔɔ dalɛn aderenalini ( <i>adrénaline</i> ) A pikirima, anpulu miligaramu 1			5 ka taa 10 na	578
<b>Sisan:</b>				
7. Salibitamɔli fiyɛta nu kɔɔɔ ( <i>Salbutamol, inhalateur de secours</i> )			1	576
<b>Basibɔn jugumanba jiginni kɔfɛ:</b>				
8. Ositosini ( <i>ocytocine</i> ) pikiri unite 10 mililitiri o mililitiri walima mizopɔɔsɔtɔli ( <i>misoprostol</i> ) furakise miligaramu 200			6 ka taa 12 la 18 ka taa 36 la	589





## Ladilikan ka a ɲesin dugu butigitigiw ni a fura feerelaw ma

Ni aw be fura feere aw ka butigi la, a ka ca a la, mɔɔw bana aw ɲininka fura santaw la ani u tacogo. Aw ka a dɔn ko aw ɲɔɲɔ ka bon mɔɔw lafaamuyali ni u ka keneya la.

Nin gafe in bana aw deme ka kunnafoni ɲuman di ani ka a dɔn ko aw ka sannikelaw bana furaw san, u mako be minnu yere la.

Aw be a dɔn ko mɔɔw be to ka u ka warini bee don furaw la, fura minnu te mako ɲe u ye. Nka aw be se ka u deme u ka a faamu, u mako be fura minnu yere la, ani ka u ka wari bo a bokun na.

Misali la:

- Ni mɔɔw do nana sɔɔsɔɔsiro ɲini, walima kɔnɔbolifura i n'a fo kaopekitali (*Kaopectate*), walima witamini B12, walima biɲeji walasa ka banamisenni do furake, walima penisilini walasa ka mugu furake walima dimi do, walima tetarasikilini, ni mura be u la, aw be a ɲefo olu ye ko o fura ninnu ɲeci te o banaw la, ko u yere be se ka kɔlɔlɔ lase mɔɔw ma. Aw be u bilasira.
- Ni mɔɔw do b'a fe ka kolokeneya witamini san, aw be a fo a ye ko a ka shefan, jiriden, walima nakofenw san o ka fisa witamini ye. Aw be a lafaamu ko olu witamini ka ca ani u nafa ka bon wa u musaka man ca.
- Ni mɔɔw do ye aw ɲininka fura do pikiri ko la, ka sɔɔw o fura kelen dunta fana be bana furake, aw be a fo a ye ko dunta de ka ɲi ani fana farati te o la.
- Ni mɔɔw do b'a fe ka murafurakisew san walima fura ɲagaminen minnu da ka gelen, aw be a fo o tigi ye ko a ka a ka wari mara ka asipirini, asetaminofeni walima ibiporofeni san ani ka o ta ni ji caman ye.

Ni aw ni mɔɔw ye nin gafe in kɔnɔ kunnafoniw kalan ɲɔɲɔ fe, a be mɔɔɔya aw bolo ka nin fen ninnu ɲefo u ye.

O bee kɔfe, a ɲininen don aw fe, aw ka fura nafamaw dɔɔn feere. Furaw ni fen minnu kofɔlen be aw ka so ni dugu fura maralanw kama, ani furaw ni fen were minnu nafa ka bon banaw keledi la aw ka sigida la, aw be olu bila aw ka butigi kɔnɔ. Aw be furaw san, fura minnu da ka mɔɔw. A ɲininen don aw fe fana, aw kana furaw feere, fura minnu tawaati temena, walima fura minnu tiɲena, walima ɲeci te minnu na.

Aw ka butigi kɔnɔna bana ke ɲɔɲɔ ye, mɔɔw bana dɔnniya sɔɔsɔɔ min na u yere ka keneya kan. Ni aw be se ka mɔɔw deme u ka furaw tacogo ɲuman dɔn, ani ka da a la ko mɔɔw o mɔɔw be fura san, ko o tigi ye kunnafoni ɲuman sɔɔw fura tacogo, a tata hake, a kɔlɔlɔw ni yeretangacogo kan, aw bana makoba de ɲe aw ka sigidamɔɔw ye. Ala ka a ɲe aw bolo!

